WATERSHED SCIENCE BULLETIN



Journal of the Association of Watershed & Stormwater Professionals A program of the Center for Watershed Protection, Inc. Volume 3, Issue 1

The Application of Monitoring and Modeling in Watershed Management



A program of the Center for Watershed Protection, Inc

8390 Main St. 2nd Floor • Ellicott City, MD 21043 • 410-461-8323 (phone) 410-461-8324 (fax) • www.awsps.org • Bulletin@awsps.org

Watershed Science Bulletin (ISSN: 2156-8545) is the journal of the Association of Watershed and Stormwater Professionals (AWSPs), and is published semi-annually by the Center for Watershed Protection, Inc. (CWP).

KEY CONTACTS:

Co-Editors-in-Chief Neely Law (nll@cwp.org) Karen Cappiella (kc@cwp.org)

Associate Editor Lisa Fraley-McNeal (bulletin@awsps.org)

> Sponsorship Coordinator Erin Johnson (etj@cwp.org)

AWSPs Membership (membership@awsps.org)

MISSION: The mission of the *Watershed Science Bulletin* (the Bulletin) is to synthesize research and experience from the numerous disciplines that inform watershed management and transmit this valuable information to researchers, regulators, practitioners, managers, and others working to protect and restore watersheds everywhere.

COPYRIGHT © **2012** by the *Center for Watershed Protection, Inc.* All rights reserved. No part of this periodical may be reproduced or transmitted in any form or by any means, electronic or mechanical, including photocopying, recording, or an information storage and retrieval system, without written permission.

DISCLAIMER: Opinions and conclusions expressed by authors are their own and should not be considered those of AWSPs or CWP or its staff, members, or sponsors. Sponsorships in this publication do not constitute an endorsement of any product or service. Mention of any trade name in the *Watershed Science Bulletin* does not constitute an endorsement by AWSPs or CWP and does not imply its approval to the exclusion of other products or services that may also be suitable.

POSTMASTER: Please send address changes to the *Watershed Science Bulletin* address provided above.

SUBSCRIPTIONS AND BACK ISSUES: Subscription is included for AWSPs members as part of member dues. The subscription rate for nonmembers is \$89/year. Single copies and back issues can be purchased for \$49 each. For a complete listing of back issues or to purchase a subscription, please visit www.awsps.org.

> SUBMISSION: To submit an article, please visit www.awsps.org. Graphic Design by Down to Earth Design, LLC (d2edesign.com)

Copyediting by Elizabeth Stallman Brown (www.estallmanbrown.com)

Printed by the YGS Group, York, Pennsylvania (www.theygsgroup.com)

Funding support provided by the Wallace Genetic Foundation.

Cover photo courtesy of DuPage River Salt Creek Workgroup

showing City of Elmhurst employees recovering a dissolved oxygen probe from Salt Creek in Illinois as part of a stream dissolved oxygen feasibility study.



EDITORIAL COMMITTEE

Chester Arnold

Water Quality Educator and Associate Director University of Connecticut Center for Land Use Education and Research

> Roger Bannerman Water Resources Management Specialist Wisconsin Department of Natural Resources

Derek B. Booth, PhD, PE, PG Senior Geomorphologist (Stillwater) and Affiliate Professor (UW) Stillwater Sciences and University of Washington

> Eric Eckl Environmental Communication Consultant Water Words that Work, LLC

Bill Frost, PE, D WRE Senior Associate KCI Technologies, Inc., Water Resources Practice

Joseph MacDonald, PhD, AICP Project Manager Northeast Ohio Sustainable Communities Consortium

Tracie-Lynn Nadeau, PhD Environmental Scientist US Environmental Protection Agency, Region 10

Bill Selbig Hydrologist, US Geological Survey, Wisconsin Water Science Center

> Kevin Sellner, PhD Executive Director, Chesapeake Research Consortium

Neal Shapiro, MMP, CSM, CPSWQ® Watershed Section Supervisor and Watershed Management Coordinator City of Santa Monica Office of Sustainability and the Environment

> Lisa Shipek Executive Director, Watershed Management Group, AZ

Don Waye Nonpoint Source Coordinator, Outreach and CZARA US Environmental Protection Agency Office of Wetlands, Oceans, and Watersheds

GUEST REVIEWERS

Seth Brown, Water Environment Federation Robert Goo, US Environmental Protection Agency Eric Stein, PhD, Southern California Coastal Water Research Project

CENTER FOR WATERSHED PROTECTION STAFF CONTRIBUTORS

Hye Yeong Kwon, Executive Director Joe Battiata, PE, Senior Water Resources Engineer Karen Cappiella, Program Director, Research Deb Caraco, Senior Watershed Engineer Sadie Drescher, Watershed Planner Lori Lilly, Watershed Ecologist/Planner Bill Stack, Deputy Director of Programs

TABLE OF CONTENTS

FEATUREDCONTENT

Pollution Loading from Illicit Sewage Discharges in Two Mid-Atlantic Subwatersheds and Implications for Nutrient and Bacterial Total Maximum Daily Loads /7

Lori A. Lilly, Bill P. Stack, and Deb S. Caraco

Stream Dissolved Oxygen Improvement Feasibility Study—Salt Creek and East Branch DuPage River / 18 Stephen McCracken and James Huff

Integrating Stormwater Controls Designed for Channel Protection, Water Quality, and Inflow/ Infiltration Mitigation in Two Pilot Watersheds To Restore a More Natural Flow Regime in Urban Streams /25

Robert J. Hawley, Matthew S. Wooten, Brandon C. Vatter, Eric Onderak, Mork J. Lachniet, Trent Schade, Geoffrey Grant, Barrett Groh, and John DelVerne

The State of the San Gabriel River Watershed: Using Multiple Indicators To Assess Watershed Health /38 Kristy Morris and Scott Johnson

A Method for Disaggregating Existing Model Pollutant Loads for Subwatersheds /49

Gene Yagow, Brian Benham, Karen Kline, Becky Zeckoski, and Carlington Wallace

Vignettes

Local Monitoring Data Used To Support Watershed-Based Hydrologic Modeling of Downscaled Climate Model Output /62 Locally Derived Water Balance Method To Evaluate Realistic Outcomes for Runoff Reduction in St. Louis, Missouri /65

BULLETINDEPARTMENTS

Bulletin Board

From the Editor's Desk / 5

Ask the Experts

Nicholas A. DiPasquale, Director, Chesapeake Bay Program Office /68 Lawrence E. Band, PhD, Voit Gilmore Distinguished Professor of Geography, and Director, Institute for the Environment, University of North Carolina /70 Kevin J. Kirsch, Water Resource Engineer, Wisconsin Department of Natural Resources /72 Jason Papacosma, Watershed Programs Manager, Arlington County Department of Environmental Services, Office of Sustainability and Environmental Management /74

Watershed Spotlight

Watershed Superstar / **77** AWSPs Photolog Contest / **78**

Latest News from AWSPs

Membership Information /79 Sponsorship /79 Future Bulletin Issues /79 Upcoming Events /79

Locally Derived Water Balance Method To Evaluate Realistic Outcomes for Runoff Reduction in St. Louis, Missouri

Introduction

The Metropolitan St. Louis Sewer District (MSD) is the coordinating authority of a 61-permittee Phase II municipal separate storm sewer system (MS4) permit. MSD is carefully following the development of new national postconstruction stormwater regulations, which focus on maintaining or restoring the runoff component of the undeveloped (i.e., natural) water balance. If the Energy Independence and Security Act

(EISA) Section 438 technical guidance is the "writing on the wall" for a national rule, then development projects would be required to implement postconstruction controls that capture and retain on-site (i.e., no discharge) the 95th percentile daily rainfall depth (3.8 cm in St. Louis).

Stormwater professionals may question whether a rule like this would be appropriate nationwide. MSD developed a water balance model to

evaluate the potential runoff reduction that may be achieved in local watersheds in response to the targeted EISA rule. The predevelopment water balance in the St. Louis region has not previously been studied for this purpose. This vignette presents a "simple" approach to developing an annual estimate of runoff, and one that may be a useful tool for other stormwater managers whose watersheds' predevelopment hydrology has not been assessed.

and sinkhole pond.

Methods

The water balance is the balance between the input of water from precipitation and the output of water by runoff, evapotranspiration, storage, and infiltration. Numerically, the runoff component of the water balance is expressed as R = P - ET - N - S, where *R* is runoff, *P* is precipitation, *ET* is evapotranspiration, *N* is infiltration or recharge, and *S* is the change in storage (in soil).

The one-dimensional Thornthwaite method is used to estimate components of the water balance on a daily time-step. MSD used a modified version of this method, as described below.

Climate, Evapotranspiration, and Vegetation

MSD obtained 21 years of daily weather data from the National Weather Service¹ for Lambert St. Louis Airport for the period January 1989 to December 2009. We calculated daily potential evapotranspiration rates according to the American Society of Civil Engineers (ASCE) standardized reference evapotranspiration equation, thus replacing the Thornthwaite evapotranspiration rates with the ASCE



Gardens in Clay and Sand Soil, Madison, Wisconsin, Water Years 2004–2008, which estimates the landscape coefficient for a prairie-planted rain garden area to range from 0.2 to 0.7.

Infiltration (Recharge)

Figure 1. Example of naturally vegetated Missouri prairie

The near-surface geology of much of St. Louis City and County consists of urbanized (e.g., cut, filled, and reworked) clayey silt soil over limestone bedrock. The thickness of urbanized fill over bedrock varies greatly. MSD used results for Southwest Missouri from the USGS report, Groundwater-Flow Model and Effects of Projected Groundwater Use in the Ozark Plateaus Aquifer System in the Vicinity of Greene County, Missouri—1907–2030, to estimate groundwater recharge as only limited research and modeling of groundwater has been conducted for Metropolitan St. Louis. The surficial geologic conditions (clay or silt soil over limestone bedrock) in Southwest Missouri and St. Louis are similar in many ways.

¹ National Oceanic and Atmospheric Administration's National Weather Service, "NHDS Access of Historical Data," http://amazon.nws.noaa.gov/hdsb/data/archived/index.html.

The USGS groundwater report estimated recharge to be an average of 2.5% of annual precipitation. Thus, only a limited amount of precipitation can result in deep infiltration.

Soil Storage

The maximum available water storage is the product of the soil's porosity (saturation) and the thickness of the root zone. When the maximum available water storage is exceeded, runoff occurs (if the precipitation is not frozen). The minimum available water storage is the product of the wilting point and the thickness of the root zone. The values MSD used in calculations were representative of silt loam. The root zone thickness used for the prairie condition was 1.5 m; this is consistent with observations reported in the USGS rain garden report.

Model Limitations

This modified Thornthwaite water model has a number of limitations. First, the model does not account for rainfall intensity; thus, where the intensity of the storm exceeds the infiltration rate of the soil, runoff is underestimated. Second, the model assumes that runoff occurs on the same day as precipitation. This assumption is supported by recent work by Debusk and colleagues, who showed that, in an undeveloped watershed with clayey soils, nearly all precipitation (even interflow) is discharged within 18 hours after runoff begins. Third, this model assumes that all snowmelt runoff occurs on the first day on which the air temperature is above freezing. This assumption makes little difference for annual or seasonal water balance comparisons because snow melts during a time of year when soil is typically saturated and evapotranspiration rates are low. Finally, because the model is one-dimensional, calculations do not differentiate between runoff as interflow or overland flow.

Results and Discussion

Tables 1 and 2 summarize the results. The total average annual precipitation was ~100 cm; of this, 42% resulted in runoff, primarily between January and July.

Component	Annual Quantity (cm)	Percentage of Annual Precipitation	
Evapotranspiration	55	55	
Deep Infiltration	2.5	2.5	
Runoff	42	42	

Table	1	Summary	v of	water	balance	conditions
IUDIC	۰.	Julling		wuici	Duluice	conunions.

Table 2. Summary of runoff (di	ischarge) conditions.
--------------------------------	-----------------------

Time Period	Annual Avg. Runoff (cm)	Runoff as % of Annual Precipitation	Runoff as % of Quarterly Precipitation
Total	42	42	
January—March	12	12	60
April—June	16	16	50
July–September	5	5	19
October-December	9	9	40

Forthcoming nationwide stormwater regulations may mandate that runoff from a developed site should amount to only 5% of annual rainfall. However, this study shows that runoff accounts for a much greater percentage of annual rainfall (42%) and is a natural process in undeveloped, naturally vegetated conditions in St. Louis, Missouri.

By illustrating that runoff (discharge) is a major component of the water balance in undeveloped, natural conditions, this analysis suggests a shortcoming to a nationwide retention rule applied to local watersheds. During summer, rainfall is absorbed into the soil and then removed through evaporation and transpiration. Because evapotranspiration rates are highest during summer months, much of the soil's waterholding capacity is available to absorb precipitation through early fall. However, after rainfall occurs in late fall, soil becomes saturated. Snow that accumulates over already saturated soil results in mid-winter snowmelt runoff. Rainfall in late winter and early spring, even small events, results in runoff. In this model, about 67% of the annual runoff occurred from precipitation events with rainfall depths less than the 95th percentile daily rainfall. Requiring retention of all storms less than the 95th percentile daily rainfall is not a surrogate for water balance restoration.

Conclusions

Attempts to mimic the runoff conditions of an undeveloped, naturally vegetated site can be affected by many factors, especially the available water storage capacity of the site's soil. Available water capacity is affected by weather, geology, soil type, vegetation, and evapotranspiration.

A clear definition of postconstruction best management practice performance goals is needed. However, requiring retention of all storms up to the 95th percentile daily rainfall is difficult to justify in St. Louis—and in much of Missouri—and is potentially counterproductive to the improvement of water quality. Instead, a balanced performance goal composed of some infiltration and some attenuated discharge would better approximate a natural condition.

List of Sources

ASCE-EWRI Task Committee on Standardization of Reference Evapotranspiration. 2005. The ASCE standardized reference evapotranspiration equation. Final report. Reston, VA: American Society of Civil Engineers, Environmental and Water Resources Institute.

Debusk, K. M., W. F. Hunt, and D. E. Line. 2011. Bioretention outflow: Does it mimic nonurban watershed shallow interflow? Journal of Hydrologic Engineering 16(3): 274–279.

Richards, J. M. 2010. Groundwater-flow model and effects of projected groundwater use in the Ozark Plateaus Aquifer System in the vicinity of Greene County, Missouri—1907–2030. Scientific Investigations Report 2010-5227. Reston, VA: US Geological Survey.

Baker

Selbig, W. R., and N. Balster. 2010. Evaluation of turf-grass and prairie-vegetated rain gardens in clay and sand soil, Madison, Wisconsin, water years 2004–2008. Scientific Investigations Report 2010-5077. Reston, VA: US Geological Survey.

Thornthwaite, C. W., and J. R. Mather. 1957. Instructions and tables for computing potential evapotranspiration and the water balance. Publications in Climatology, vol. 10, no. 3. Centerton, NJ: Drexel Institute of Technology.

US Environmental Protection Agency. 2009. Technical guidance on implementing the stormwater runoff requirements for federal projects under Section 438 of the Energy Independence and Security Act. EPA 841-B-09-001. Washington, DC: US Environmental Protection Agency.

Contributor

This vignette was prepared by Jay Hoskins, PE, Metropolitan St. Louis Sewer District.

KINGFISHER SPONSOR

Baker brings a balanced approach to water resources and floodplain management, facilitating regulatory compliance and environmental protection while implementing sustainable solutions.

Baker is a leader in Integrated Water Resources Management. We use the right tools and methods to address your water challenges.



Watershed Planning & Management • Water Quality & TMDL Services Coastal Engineering • Flood Risk Mapping & Management • Floodplain Management Emergency Management • Program & Project Management • H&H Modeling • GIS • Ecosystem Restoration Stormwater Management • Source Water Protection • Water Supply • Wastewater Management

To learn more about Baker's comprehensive services, visit www.mbakercorp.com or contact Fernando Pasquel (fpasquel@mbakercorp.com) at 703.317.6219 or Doug Plasencia (dplasencia@mbakercorp.com) at 602.798.7552.